PRACTICE PROBLEM:

What is the energy of a quantum of light with a frequency of $3.45 \times 10^{16} \text{ Hz}$?

Answer:

Recall:
$$Hz = \frac{1}{sec}$$

$$E = hv$$

$$E = (6.626 \times 10^{-34} \text{ J} \cdot sec) \left(3.45 \times 10^{16} \frac{1}{sec}\right)$$

$$E = 2.29 \times 10^{-17} \text{ J}$$